

WHAT GOES IN A STORM SEASON KIT?

FOOD AND WATER

- Range of non-perishable food items
- Bottled water

MEDICAL AND SANITATION

- First aid kit and manual
- Essential medications, prescriptions and dosage
- Toilet paper
- Toothbrush/Toothpaste
- Soap/Shampoo
- Personal hygiene items

COMMUNICATIONS

- Battery powered radio with extra batteries
- Traditional wired phone
- Prepaid phone cards/coins for phone calls

CLOTHING AND FOOTWEAR

- Warm jumper, waterproof jacket, hat and gloves for everyone
- Closed-toed shoes or boots for everyone

TOOLS AND SUPPLIES

- Camp oven or gas burner
- Basic tool kit
- Sturdy gloves
- Whistle, utility knife, duct/masking tape
- Plastic garbage bags, ties
- Safety glasses and sunglasses

LIGHT

- Flashlight/torch with extra batteries
- Battery operated lantern

MISCELLANEOUS

- Special items for infants (nappies, formulas etc)
- Special items needed by elderly or people with special needs
- Spare house and car keys

IMPORTANT DOCUMENTS

KEEP ORIGINAL OR CERTIFIED COPIES OF THESE DOCUMENTS IN YOUR EMERGENCY KIT.

SCAN COPIES OF THEM AND SAVE THE FILES ON A USB MEMORY STICK OR CD TO INCLUDE IN YOUR KIT. KEEP ALL THESE ITEMS IN PLASTIC SEALED BAGS.

- Insurance papers for your house and contents, cars and for valuable items
- Inventory of valuable household goods
- Wills and life insurance documents
- Birth and marriage certificates
- Passports and Visa documents
- Stocks and bonds
- Medicare and pension cards
- Immunisation records
- Bank account and credit card details
- A back-up copy of important computer files
- Household emergency plan with emergency contact numbers

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